



Important Dates

ROOM BOOKING CHRISTMAS DAY



Christmas joy will be shared with family in the **Private Dining Room** on **Christmas Day 12pm - 3:30pm** as the room has been reserved. Please respect their privacy. Thank you.

Housekeeping Notices



Hester Class

Don't forget to scribble on your **2023** calendar that **Hester Class Movie Night** returns bigger and better for another wonderful year on **Tuesday 10 January at 7:30pm**.

MEALS ON HEELS CHRISTMAS / NEW YEAR

For those residents that have ordered Dinners from Faversham over the **Christmas / New Year** period, please note that on the **Public Holiday** days you will need to collect your meal from the ground



floor kitchen fridge. The meals are typically dropped off by the Faversham staff between **4:45pm and 5:30pm weekdays**. Frozen meals will be delivered on a Friday if requested.

The Hester Canterbury Newsletter is uploaded on the Hester Website under 'news'.

www.hestercanterbury.com.au

BE PREPARED FOR THE UNEXPECTED

For those residents unable to attend the wonderfully presented discussion with **Faversham Residential Manager, Sue Bowditch** yesterday, here is a very brief overview that may assist you on your way.

There is quite a process to enter into aged care with two fundamental things everyone needs in place if they make the move. The main focus was around what you need in place when you're faced with sudden change, in other words, 'be prepared for the unexpected'.

Firstly, it is imperative to have an **Aged Care Assessment (ACAT)** conducted to assess your eligibility to access higher level services including Commonwealth Funded home care packages (cleaning, shopping), residential respite care or residential aged care for example. This assessment stays with you and can be re-assessed if your needs become greater over time. You do not have to be in a situation where you require any of the services to have an aged care assessment, however it will assist you in remaining independent longer.



A **Centrelink Assets & Income Assessment** (lengthy 40 page document) is the second vital step in the aged care process and not to be left for an unexpected highly stressful time of having to urgently move into care. This will determine how much the Government will fund, and / or you fund for your daily accommodation and care needs and can be completed with the assistance of your accountant.

Please take the time to look at the comprehensive information provided on the **My Aged Care** website, myagedcare.gov.au and let me know if you would like a second session with Sue in the new year.

HAIR TODAY - COIFFED TOMORROW! WELL NEXT YEAR

The lovely ladies **Larissa & Anastasia** at Morgan Glen Iris will commence bookings for their mobile hairdressing in your apartment, or in-house at Morgan, once a month starting on **Wednesday 18 January, 2023**. The mobile service will include Women & Men's cuts, styling and blow wave (excludes a wash) or more services are provided at Morgan including a round trip chauffer if required. To kick things off, Larissa would like to extend a **10% discount** for your first appointment. Further details and pricelist will be provided in the New Year.

Week Four of the Summer Menu starts on Monday 26 December.
Please place any orders by 1pm the Thursday before.
Bon Appetit!

